

# Preparation for Upper Endoscopy

Valley Gastroenterology Consultants

a division of



You are scheduled for an Upper Endoscopy on \_\_\_\_\_

Please Arrive at the facility at \_\_\_\_\_ on the day of the procedure. The address is:

Valley Digestive Health Center  
488 E. Santa Clara St, Suite 102  
Arcadia, CA 91006  
(626)359-9555

**Prep For Procedure:** Nothing to eat or drink after midnight on the day prior to the procedure

Please Hold the Following Medications:

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On the day of the procedure, a friend or a family member will need to drive you to and from the procedure and care for you until the sedation gets out of your system. If a driver is not available to take you home, we will regretfully cancel your procedure. Arrangement for a Taxi ride, walking home, and waiting until awake are not adequate. We must discharge you to the care of an adult companion.

If you have any questions on the day you are doing the preparation, please call our Glendora office at (626) 963-2490 or the Arcadia office at (626) 359-3330.

**AS A REMINDER: It is your responsibility to inform our office of any changes in your insurance coverage prior to any scheduled procedures and/or office visits. If we are not made aware of any changes, you will be held financially responsible for any amounts owing due to nonpayment from your insurance company and/or medical group.**