



Instructions for Capsule Endoscopy

Please follow instructions exactly as ordered

1. You are scheduled for a Capsule Endoscopy on _____
2. Do not eat or drink anything after 8PM the day prior to your procedure
3. On the morning of your appointment, please wear loose fitting clothing
4. Two hours before coming into the office:
 - Drink one 8 oz. glass of water with one packet of **Miralax**
 - Add 2cc's of infant **Mylicon** drops to the glass of water. The Mylicon drops can be found in the infant care section of your local pharmacy.
 - Repeat the above steps once more in **5 minutes**
5. If you have any questions on the day you are doing the preparation, please call the Arcadia office at **(626)-359-3330**, any of the staff in the office can help you.