

Preparation for Sigmoidoscopy

Valley Gastroenterology Consultants

a division of



You are scheduled for a Sigmoidoscopy on _____

Please Arrive at the facility at _____ on the day of the procedure. The address is:

Valley Digestive Health Center
488 E. Santa Clara St, Suite 102
Arcadia, CA 91006
(626)359-9555

Prep For Procedure: Nothing to eat or drink after midnight on the day prior to the procedure. Purchase from the pharmacy 2 fleet enemas. Beginning 2 hours prior to your procedure, take one fleet enema every hour. The last enema should be taken one hour prior to arrival.

Take all of your medications according to your usual schedule except the following:

If you have any questions on the day you are doing the preparation, please call our Glendora office at (626) 963-2490 or the Arcadia office at (626) 359-3330.

AS A REMINDER: It is your responsibility to inform our office of any changes in your insurance coverage prior to any scheduled procedures and/or office visits. If we are not made aware of any changes, you will be held financially responsible for any amounts owing due to nonpayment from your insurance company and/or medical group.

