

Valley Gastroenterology Consultants

Division of



Esophageal Manometry with Impedance

You have an appointment for an Esophageal Manometry Test on: _____

Please arrive at the Arcadia office at _____. The address is:

488 E. Santa Clara St, Suite 103
Arcadia, CA 91006
(626) 359-3330

This test will measure the strength and function of your esophageal swallowing muscles and the sphincter muscles forming the barrier between your esophagus and your stomach. It is commonly performed to evaluate acid reflux symptoms or disorders of swallowing. A thin, flexible catheter will be passed into your esophagus through your nose, and you will be asked to swallow small amounts of water. Most people experience very little discomfort. The test usually lasts less than thirty minutes, and you can resume your daily activities as usual after.

Preparation Instructions

Three Days Before the Test:

1. Stop taking Reglan (Metoclopramide)

The Day of the Test:

1. Do not eat or drink 6 hours before the test
2. Take your usual medications with a small sip of water.
3. You will get a numbing medication in a gel and/or spray form.
4. The test will take about 30-45 min.

If you need to reschedule, cancel or have any questions about the procedure, please contact either the Glendora or Arcadia office at (626) 963-2490 or (626)359-3330.

Samuel Mourani, MD | Elias A. Tarakji, MD, FACC

488 E. Santa Clara St., Suite 103 | Arcadia, CA 91006 | Phone: (626) 359-3330 | Fax: (818) 889-8011

415 W. Carroll Ave., Suite 201 | Glendora, CA 91741 | Phone: (626) 963-2490 | Fax: (818) 889-8015

www.insitedigestive.com