

Valley Gastroenterology Consultants

Division of



Esophageal Manometry Impedance and 24-Hour pH Impedance Recording – Off of PPI's

You have an appointment for a 24-hour pH test scheduled on: _____

Please arrive at the Arcadia office at _____. The address is:

488 E. Santa Clara St, Suite 103
Arcadia, CA 91006
(626) 359-3330

Patient Instructions

Seven Days Before the Test

- Stop taking all acid reduction medications (i.e. Dexilant, Omeprazole, Nexium, Pantoprazole)

Three Days Before the Test:

- Stop taking Reglan (Metoclopramide)
- Stop taking H2 Blockers (Zantac, Pepcid, Tagamet, etc.)

The Day of the Test:

- Do not eat or drink 6 hours before the test
- Take your usual medications with a small sip of water.
- You will get a numbing medication in a gel and/or spray form.
- The test will take about 30-45 min.

This test is used to study the amount of acid reflux you have in a twenty-four hour period. A very small tube will be placed into your esophagus through your nose for twenty-four hours and attached to a computer, which you will carry on a belt. You will need to return to the office the next day to have the probe removed.

pH Catheter Removal Instructions

- The day after the test you will need to get the pH catheter removed
- Please return to the Arcadia office at the time given to you by the nurse

If you need to reschedule or cancel the procedure, please contact either the Glendora or Arcadia office at (626-963-2490 or (626)359-3330.

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